

WARRADALE PRIMARY SCHOOL CANTEEN PRICELIST

SUMMER MENU

2023

All items on this menu fit into the GREEN or AMBER sections of the Right Bite Food Spectrum which can be found on the DfE website.

Where possible, dairy based products are either light or fat free, wholemeal bread is used, and all fruit and vegetables are fresh.

Lunch orders can be made either via the QKR app or on a lunch bag, available in the front office. Don't forget to include your child's name and room number.

To order via QKR, a mobile phone app for your iPhone or android...

- Download the app, find Warradale Primary School and register
- Add each child and their room numbers
- Go to the canteen menu and select items
- Orders must be submitted by 8.50am

FROM THE OVEN

PASTA BOLOGNAISE	\$5.00	HOT DOGS	
Homemade bolognaise sauce with		-Plain or with sauce	\$4.00
spiral pasta topped with grated cheese		-with cheese	\$4.50
		-with cheese and sauce	\$4.50
VEGETABLE LASAGNE (V) Pumpkin, zucchini, spinach and corn	\$5.00		
with tomato and bechamel sauces		CUP OF NOODLES	\$3.00
		Chicken or Beef	
FRIED RICE (V)	\$3.50		
FRIED RICE With meat	\$4.50	Mrs Mac's approved school range)
		-Sausage roll 120g	\$3.20
CHICKEN GOUJONS	\$4.30	- Cruiser beef pie 175g	\$4.30
Crumbed chicken strips x6		,	
has a region and the concessor consistence when the area of the constant of th		NEMO TREASURE CHEST	\$5.00
HASHBROWN (V)	\$1.20	3 pieces of tempura fish served	Ψ0.00
	41.20	With potato gems	
SPRING ROLLS (V)	\$2.50	viiii potato gerrio	
Mini spring rolls x 3	Ψ2.00		
Willing Tollo X o			
HOME MADE PIZZAS			
- Ham and pineapple	\$4.30	GARLIC ROLL	¢4 00
			\$1.00
- Margherita (V)	\$4.00	Half a hotdog roll served warm	

ADD SAUCE 30c Tomato, BBQ, sweet chilli, mayonnaise, tartare or mustard

SANDWICHES AND ROLLS

VEGEMITE	\$2.00	HAM AND SALAD (lettuce, tomato, cucumber and carrot)	\$5.00			
CHEESE	\$3.00	,				
HAM AND CHEESE	\$3.50	CHICKEN AND SALAD (lettuce, tomato, cucumber and carrot)	\$5.00			
HOT HAM AND CHEESE ROLL	\$4.00	HAM AND CHEESE CROISSANT - toasted	\$4.30			
HOT CHICKEN AND MAYO ROLL	\$4.50					
With cheese	\$5.00	Mayonnaise or tomato relish can be Request no charge. Toasting availa				
Cluton from broad evallable and \$4.00						

Gluten free bread available... add \$1.00



BURGERS AND WRAPS

BEEF BURGER Angel Bay beef Pattie with lettuce, tom cheese and tomato sauce	\$5.00 nato,	CHICKEN BURGER Crumbed chicken with lettuce, cheese and a light mayonnaise	\$5.00
VEGE BURGER (V) Vegetable Pattie with lettuce and toma	\$5.00 to relish	FISH BURGER Fish pieces with lettuce and tartare saud	\$5.00 ce
CHICKEN PARMA WRAP - warm Oven baked chicken tenders with Nape and grated cheese	\$4.80 oli sauce	RAINBOW WRAP (V) Carrot, lettuce, cucumber, tomato and c	\$4.50 heese
CHICKEN TENDER WRAP Tender chicken pieces with lettuce, che and mayonnaise	\$4.80 eese	TUNA WRAP Tuna, lettuce, cucumber and a sweet ch mayonnaise FALAFEL WRAP (V) With lettuce, tomato, hummus and a gar	\$5.00
SNACKS			
JELLY CUP	\$1.00	MINI CORN ON THE COB	\$1,00
		CARROT or CUCUMBER STICKS	.60
POPCORN, lightly salted	.50c	BOILED EGG	\$1.00
MUFFINS, baked fresh Milo or apple and cinnamon	\$1.00	CHEESE & CRACKERS	\$1.80
FRESHLY BAKED COOKIES Chocolate chip	\$1.00	HUMMUS DIP with carrot sticks	\$1.50
THIRST QUENCHERS			
PLAIN LIGHT MILK 200ml	\$1.20	HARVEY FRESH JUICE 200ml	\$2.00
OAK LIGHT MILK 300ml	\$2.80	Apple, orange or apple and blackcurrant	9.0 Personal Pool (907)
Chocolate or strawberry		GLEE SPARKLING JUICE 250ml Blackcurrant Burst, Rockin Raspberry or	\$2.50
OAK MILK 250ml Chocolate or strawberry	\$2.20	Tropical Treat	
CHILL ICED TEA 250ml Raspberry or peach	\$2.50		
WATER 600ml	\$2.00		