



WARRADALE PRIMARY SCHOOL

SPORTS POLICY

As a school, Warradale Primary School is keen to encourage our students to pursue sporting activities with the view to having fun, improving their skills and to feel good about themselves. All of our support and resources are aimed to further these three goals of junior sport.

Program Achieve/Bounce Back and Active For Life are two school initiatives that help to support our students in their sporting activities.

Program Achieve/Bounce Back reinforces positive habits of the mind and encourages students to take the attitude of "I Can Do It!"

Active For Life encourages students to engage in a physically active lifestyle as a habit throughout their life.

As parents, each of us has a vital role in encouraging our children to participate in a healthy lifestyle, and sport is one important avenue to that end.

Children play sport to have fun and be with their friends. They also feel good about themselves when they can see that they are improving in their skills, and when they see that friends and parents value what they do.

Junior sport is not about winning or losing. It is about encouraging children to enjoy an activity so much that they want to continue that activity throughout life.

You can help your child. Your attitude towards junior sport, and to your child as an emerging sportsperson, is the most vital influence they can experience at this time in their life.

As parents there are times when we can see needs in our children's developing skills and confidence. The challenge as supportive parents is to recognise that encouragement and building self-confidence are the only successful ways forward to help our children develop their sporting abilities.

We seek your support to reinforce the school's message to our students coming from our Program Achieve/Bounce Back initiative. Emphasise the "You Can Do It!" message, and help our students to build the foundations for success in whatever they do:

CONFIDENCE; PERSISTENCE; GETTING ALONG; COMMUNICATION and RESILIENCE.