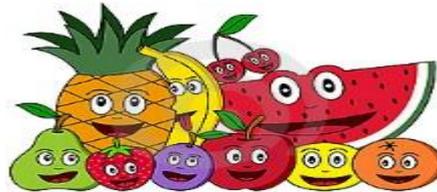


# SUMMER MENU

## 2017 / 2018

From December 1<sup>st</sup>, 2017



### FROM THE OVEN

Pasta bolognaise **\$5.00**  
*- pasta topped with home-made sauce and cheese*

Pasta with Napoli sauce (V) **\$4.00**  
*- pasta topped with home-made sauce and cheese*

Macaroni cheese **\$5.00**

Hash brown (V, GF) **\$1.50**

Chicken fingers (6) **\$3.50**

Four n twenty Slams - beef **\$3.00**

Mini vegetable spring roll (V) **.70**

Sausage roll – home-made **\$2.60**

Mrs. Mac's sausage roll (GF) **\$3.50**

Spinach and ricotta roll (V) **\$3.50**

Ham and pineapple pizza **\$4.00**

Margarita pizza (V) **\$3.00**

Garlic pizza (V) **\$1.50**

Hot dog

*- plain* **\$3.50**

*- with sauce* **\$3.70**

*- with cheese* **\$4.00**

Cup of noodles **\$3.00**

*- chicken or beef*

Sauces – tomato or BBQ **.20c**

**LUNCH PACK A \$4.50**

Cheese and Vegemite sandwich

+ cookie

+ Harvey Fresh Juice

(apple, orange or apple and blackcurrant)

### FRESH & HEALTHY

Corn on the cob **\$1.20**

Carrot sticks **.60**

Boiled egg **\$1.00**

Chocolate custard **\$1.50**

Fruit salad **\$2.50**

Cheese and crackers (6) **\$1.50**



### TREATS

Muffin of the day **\$1.00**

Anzac or choc chip cookie **.80**

Gingerbread cookie **\$1.80**

Popcorn, lightly salted (GF) **\$1.00**

Jelly cups **\$1.00**

Red Rock Deli chips **\$1.50**

*- sea salt or honey soy chicken*

Smith's chips **\$1.50**

*- original or salt and vinegar*

Grain Waves **\$1.50**

*- sour cream and chive*

JJ's – chicken **\$1.00**

Mamee BBQ noodle snacks **\$1.00**

Mamee cheese rice sticks **\$1.00**

**LUNCH PACK B \$5.00**

Ham sandwich

+ muffin of the day

+ flavoured milk

(chocolate, or strawberry)



## WRAPS AND BURGERS

Chicken tender wrap	<b>\$4.50</b>
<i>- with lettuce, cheese and mayonnaise (half wrap available \$3.00)</i>	
Caesar salad wrap	<b>\$5.00</b>
<i>- bacon, egg, lettuce, parmesan and dressing</i>	
Tuna wrap	<b>\$5.00</b>
<i>- tuna, lettuce, cucumber and a sweet chilli mayonnaise</i>	
Beef Burger	<b>\$4.50</b>
<i>- with lettuce, tomato, cheese and sauce</i>	
Chicken Burger	<b>\$4.50</b>
<i>- with lettuce, cheese and mayonnaise</i>	
Vege Burger	<b>\$4.50</b>
<i>- vegetable pattie with lettuce and relish</i>	
Fish Burger	<b>\$4.50</b>
<i>- fish pieces with lettuce and garlic aioli</i>	

## CROISSANTS AND SANDWICHES

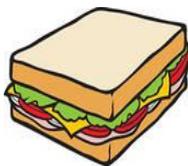
### **Croissants**

<i>- cheese and tomato toasted</i>	<b>\$3.50</b>
<i>- ham and cheese toasted</i>	<b>\$4.00</b>

Buttered bread sandwich	<b>\$2.00</b>
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### **Sandwiches – build your own**

1 filling	<b>\$3.00</b>
2 fillings	<b>\$3.50</b>
3 fillings	<b>\$4.00</b>
Additional fillings	<b>50c each</b>



### **Fillings**

Ham, chicken, tuna, cheese, egg, lettuce,  
tomato, cucumber, carrot, vegemite

### **Sauces 20c**

Mayonnaise, tomato, sweet chilli, mustard,  
BBQ, relish

### **Toasting, wrap, roll or Helgas mixed grain**

Add 50c each

Gluten free bread available (add \$1.00)  
Butter only upon request. (no charge)



## THIRST QUENCHERS

Plain milk 200ml	<b>\$1.00</b>
Oak light milk 300ml	<b>\$2.50</b>
<i>- chocolate or strawberry</i>	
Milo 200ml	<b>\$2.20</b>
Harvey Fresh juices 250ml	<b>\$2.00</b>
<i>- apple, orange or apple/blackcurrant</i>	
Mountain Fresh juices 300ml	<b>\$2.60</b>
<i>- 100% juice, made in SA - orange, apple/mango or tropical</i>	
Water 600ml	<b>\$2.00</b>
Lipton Ice Tea	<b>\$3.50</b>
<i>- mango or peach</i>	

Don't forget to include your name and room  
number on lunch order bag

All change will be returned in lunch order bag  
and become the responsibility of the student.  
Amounts over \$5.00 will be sent to the office  
for collection at the end of the school day.

Prices are subject to change due to increases  
in supplier costs

Volunteers are always welcome.

Sarah McPherson  
Canteen Manager



