



Warradale Primary School

Countering Bullying Policy

Rationale:

At Warradale we do not tolerate bullying in any form. All members of our community are committed to ensuring we have a caring safe environment, which promotes personal growth and a positive self-esteem. Everyone has the right to be treated fairly, with respect and courtesy.

What is bullying.

Bullying is an act of aggression causing hurt, embarrassment, pain or discomfort to others.

1. It can take a number of forms. Physical, verbal, gestures, extortion or exclusion.
2. It's an abuse of power.
3. It is deliberate and repeated over time.

Forms of Bullying.

Physical

Includes fighting, pushing, shoving hitting and spitting, invasion of personal space or any unwelcome physical act

Verbal Bullying

Includes name calling, teasing, offensive language spreading rumours about others, or putting people down or making degrading comments about culture, race, physical appearance, gender, religion or social background.

Gesture Bullying.

Includes offensive notes or material, graffiti or damaging other people's property.

Telephone Bullying

Involves students who repeatedly phone other's homes or mobiles with the intention to harass or cause discomfort.

Extortion bullying

Includes standover tactics, giving up possessions and threats.

Exclusion

Includes being left out of activities on purpose with the intention to hurt

When bullied, some feeling

- Feelings of being frightened, unsafe, embarrassed, angry or unfairly treated.
- Work, sleep and ability to concentrate may suffer.
- Relationships with our family, teachers and friends may deteriorate.
- Feelings of confusion and not knowing what to do about the problem.